

**PARISH OF OUR LADY IMMACULATE, WHITSTABLE CT5 2EY**  
**with St. Joseph's, Chestfield CT5 3LD**

[www.rcourladywhitstable.org.uk](http://www.rcourladywhitstable.org.uk)



<b>Parish email address:</b>	<b>whitstable@rcaos.org.uk</b>	
<b>Parish Office:</b>	<b>15a Castle Road, Whitstable. CT5 2DY</b>	<b>01227 272758</b>
	<i>For the duty priest, for urgent emergency sick calls only: 07599 908633</i>	
<b>Parish Priest:</b>	<b>Rev. Canon Philip Glandfield</b>	<b>whitstablepp@rcaos.org.uk</b>
<i>Emeritus Parish Deacon:</i>	<i>Rev. Deacon Dan Mulcahy</i>	
<b>Parish Secretary:</b>	<b>Mrs Bernadette Martin:</b> Tues./Wed./Fri. 9 am to 4.30 pm	
<b>Parish Social Centre:</b>	<b>15a, Castle Road, Whitstable. CT5 2DY</b>	
<b>Enquiries &amp; Bookings</b>	<b>Mr David &amp; Mrs Lesley Wiles:</b>	<b>lesleysh@aol.com</b> <b>01227 265763</b>
<b>Safeguarding Representative:</b>	<b>Mr John Flower</b>	<b>whitstablesg2@safeguardrcaos.org.uk</b> <b>07738 370528</b>
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<b>Health &amp; Safety Representative:</b>	<b>Mrs Lesley Wiles</b>	<b>whitstablehands@rcaos.org.uk</b> <b>07594 485503</b>
<b>SVP Group:</b>	<b>Mrs Joanna Waller</b>	<b>07842 550998</b>
<b>Parish School:</b>	<b>St Mary's School, Northwood Road</b>	<b>01227 272692</b>
<b>Parish Website:</b>	<b><a href="http://www.rcourladywhitstable.org.uk">www.rcourladywhitstable.org.uk</a></b>	
<b>Notices for the Bulletin:</b>	<b>To be submitted please by 7.30 pm on Wednesday</b>	

**THIRD SUNDAY OF LENT:** (Yr B) Mass Book page 73

**3<sup>rd</sup> March 2024**

<p><b>SATURDAY 2<sup>nd</sup> Mar:</b>  <i>Confessions:</i> 11.30 to 12. 00 noon - 5.15pm to 5.45 pm          6.00 pm: Sean Stringer, RIP (M Stringer)</p> <p><b>SUNDAY 3<sup>rd</sup> Mar: 3<sup>rd</sup> SUNDAY OF LENT</b>          8.30 am: All Our Parishioners          10.30 am: Jenny Sommerset's Intentions (J Melis)          4.00 pm: <i>Stations of the Cross</i></p> <p><b>TUESDAY 5<sup>th</sup> Mar:</b>          12.30 pm: Maureen Smiley &amp; Dec'd family          7.00 pm: <i>Lent Reflections in the hall</i></p> <p><b>WEDNESDAY 6<sup>th</sup> Mar:</b>          10.00 am: Daren Hawkins, RIP (Mrs Hawkins)</p> <p><b>THURSDAY 7<sup>th</sup> Mar:</b> (<i>Sts Perpetua &amp; Felicity</i>)          10.00 am: Francis Sullivan, RIP (C &amp; L Conway)  <i>Followed by Adoration &amp; Benediction</i></p>	<p><b>FRIDAY 8<sup>th</sup> Mar:</b> (<i>St John of God</i>)          7.00 am: For all sick and housebound (Parish)          10.00 am: David Maher, RIP</p> <p><b>SATURDAY 9<sup>th</sup> Mar:</b> (<i>St Frances of Rome</i>)  <i>Confessions:</i> 11.30 to 12. 00 noon - 5.15pm to 5.45 pm          6.00 pm: Headley Davis (K &amp; P Popple)</p> <p><b>SUNDAY 10<sup>th</sup> Mar: 4<sup>th</sup> SUNDAY OF LENT:</b>  <b>Laetare Sunday: Mothering Sunday</b>          8.30 am: All Our Parishioners  <i>Breakfast after Mass (all mothers especially invited)</i>          10.30 am: Ann &amp; Sandy Richmond (C Richmond)  <i>Refreshments &amp; cooked rolls after Mass</i>          4.00 pm: <i>Stations of the Cross</i></p>
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**'BUILDING A BETTER MARRIAGE':** Last year Carol & Pete, the couple who are the Kent part of the Marriage and Family Life Team, offered to run this course in our Parish. I thought that this would be a wonderful opportunity for married couples from here and other parishes. The reflection day will take place on Saturday 13<sup>th</sup> April (9.30 to 4.30pm), and is designed to be an opportunity for married couples to explore (privately) their relationship more deeply, to gain insights into communication and also their vocation to married life. Please do consider making use of this free (yes... no cost!) opportunity which is open to all married couples, any couple from 'Just Married' to "how many years!". Drop the parish an email to let us know you might be interested [whitstable@rcaos.org.uk](mailto:whitstable@rcaos.org.uk) or pass me a note of your details.

**Just to let you know...** I will be away next week (11<sup>th</sup> to 15<sup>th</sup> March). Every few years the Archbishop organises a clergy reflection week at a former Seminary in Merville, France. So that all the clergy don't all go away at the same time three separate sessions are held (spring, summer & autumn). The Parish Office will be open as usual during the week (Tue, Wed & Fri). While I am away in an emergency you can contact Herne Bay or Canterbury Parish (*only one of their priests will be at the spring gathering*).

**Wishing you, your families & friends, a blessed Lenten week.** *Canon Philip*

**ST PATRICK'S DAY EVENT:** Parish Quiz Night! 16<sup>th</sup> March 7 pm for 7.30 pm in the Parish Social Centre. Tickets are available after all Masses from this weekend.

**BREAKFAST AFTER NEXT SUNDAY 8.30 MASS (Mothering Sunday):** Next Sunday please bring/invite mothers and grandmothers for breakfast after the 8.30 am Mass. As it is Mothering Sunday it is an opportunity to pamper our dear mothers and thank them for everything they do for us.

**POPE FRANCIS' MARCH PRAYER INTENTION:** Let us pray that those who risk their lives for the Gospel in various parts of the world might inspire the Church with their courage and missionary drive.

**SVP:** The SVP would be grateful for donations of small Easter eggs for the children of the families they assist. “*We are always very grateful for any donations you can give towards our beneficiaries and thank you in advance for your continued support and generosity*”. They are also short of the following in-date items: coffee, tea, long-life milk, cereals, tinned tomatoes, tinned fruit & vegetables, jam, tinned fish & meats, and baked beans

**PARISH GARDENING - SAVE THE *UPDATED* DATES:** 13 March, 8 April, 21 May, 8 July, 28 Aug, 1 Oct and 9 Nov; (start times to be set nearer the day). For those who love gardening, this is an opportunity to get together, enjoy some extra gardening and help the parish. It would be great to welcome more people to the gatherings. The gardeners usually meet for a couple of hours and finish with refreshments in the hall.

**PARISH RAMBLE – Dates for your Diary:** Last year the parish arranged an August Ramble, which proved very popular! So here are two dates for 2024: **Monday 27<sup>th</sup> May** (Bank holiday weekend) towards Seasalter Marshes along the beachfront and **Monday 26<sup>th</sup> August** (Bank holiday weekend) Blean Woods. Come along and join in, enjoying gentle parish outdoor event. A chance to wander outdoors, an opportunity to get together with family and friends, to enjoy the beauty of nature either walking or cycling. More details nearer the time.

**PILGRIMAGE TO WALSINGHAM:** The Rector of the Walsingham shrine, has written to parishes inviting group pilgrimages in 2024. It has been suggested that we might take a group, possibly on Wednesday 29<sup>th</sup> May 2024 (during the half term holiday). Interested? **Let us know** and pencil it in the diary. The trip from Whitstable to Walsingham takes about 3½ hours, so it would be an early start & a long (but blessed) day!

**MESSAGE OF THANKS:** ‘Friends of the Holy Land would like to thank all parishioners who raised £125.00, through their crib offerings, for Christians in the Holy Land. Conditions continue to be extremely challenging. Please continue to remember FHL and those we support in your prayers.’ Half of donations to the Crib Collection also sent to the Catholic Children’s society – so thank you again for your generosity.

**SUNDAY MASS TEA & COFFEE:** All welcome to the hall after 10.30am Mass for refreshments & chat. The ‘hosts’ today are Mary Rowe and friends & next week the SVP (with the cooked roll chef in attendance).

**CHILDREN’S LITURGY:** takes place during the first part of the 10.30am Mass, providing the children their own Liturgy of the Word. Their next sessions are this Sunday 3<sup>rd</sup> & then 10<sup>th</sup> March.

**YOUTH GROUP** meets alternate Saturdays in the Social Centre, 6.30pm-8.30pm. Lots of activities including games, music, craft & prayer. Open to all in Year 6 or above. The next sessions are 9<sup>th</sup> & 23<sup>rd</sup> Mar.

**ANNIVERSARIES:** Please remember in your prayers those whose anniversaries occur about this time: Joseph Flannery, Mary Lilley, Paul Sola, Val Stirrup, Catherine Drury, Leonard Redman, Cecilia Sullivan, Kathleen Sheehan, Alfred Knight, Audrey Legg, Joan Elliot, Archbishop Peter Smith, Darren Hawkins, Katie Galvin, Bob Solly, Nicholas Lyon, Win Sacree, ‘Sam’ Herrtage, Jim Moone, Laurie Franklin, Emma Bedeschi, Hazel Turner, Jim Clarke, Kevin Downs, Peter Dooley, Charles Newman, Teresa Osborn & Kathleen Micgray.

*Eternal rest grant unto them O Lord, and let perpetual Light Shine upon them;*

*may their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen*

**SICK:** Your prayers are asked for: Frances Alderson, Claire Christie, Duncan Forrester, Suzie Fowler, Katherine Harris, Madeleine Kavanagh, Amanda Maclean, Julia Atkins, Diarmuid O’Sullivan, Oscar O’Sullivan, Dominic Punch, Maureen Smiley, Pauline Summers, Nicholas Watson, Margaret Webb, Leah Sheehan, Roman Sheehan, Colin Henson, Sid Russell, David Rose, Nickola Salvatore, Reita Mugford, Roger Johns, Jack Murphy, David Black, Teresa Way, Nigel Bates, James Shepherd, Tina Bezer, Maureen Games & Barbara Glanville. We pray also for all in hospital or unwell and together all care for them.

<i>Collections</i>	<i>Gift Aid</i>	<i>Non-Gift Aid</i>	<i>Total</i>
24 <sup>th</sup> & 25 <sup>th</sup> February 2024	£276.60	£161.10	£437.70
CAFOD Lent Fast Day retiring collection	£60.00	£90.25	£150.25
Standing Order and other regular giving: Weekly average for February 2024*	£471.15	£24.92	£496.08

***Thank you for your continued support of the parish.***

\*This is the calculated ‘weekly equivalent’ of contributions received direct to the Parish account from parishioners for February.

## ONLINE NEWSLETTER EXTRA...

Some items that we receive or find won't fit on two sides of A4 but we can still share them with you here on the e-edition of the newsletter on the website. This may be information we have been asked to share, but that may not be of immediate import to the parish; it might be interesting information, like the details below concerning the theme of this weekend. Additionally, some items can be repeated.

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**NEW TO THE PARISH?** If you have moved to the parish since 2019 (when the last parish census took place) please let us know via email. We can email our 'new parishioner form' and add you onto our parish database; information provided only used for Church purposes.

**Weekly Parish Email:** Canon Philip sends an email each week to let parishioners know the Newsletter is on the website. If you would like to be added to the list please email [whitstable@rcaos.org.uk](mailto:whitstable@rcaos.org.uk)

**REQUESTING A MASS: Please Note:** Here in our Parish many people offer Masses, and at times we have a fairly lengthy list of intentions. For weekend Masses please try to put in your request a few of months in advance to avoid disappointment of missing a requested date.

**CHARITY KNITTER...** would be grateful for any donations of DK Wool for making knee-rugs etc for housebound. Please put wool in the small basket at back of the church. *Thank you.*

**CLERGY SUPPORT FUND:** Thank you to all who contributed to the recent special collection to the fund which enables the Diocese to support retired and sick priests. There are still some of the special envelopes at the back of the church if you missed the collection. Those contributing to this fund make supporting our clergy in retirement possible. To donate online visit [www.rcaos.org.uk/donate/CSF](http://www.rcaos.org.uk/donate/CSF) or scan the QR code. You can also donate via telephone during office hours (Mon-Fri) **020 7960 2504**. Please continue to keep all Priests in your prayers.



**CAFOD LENT FAST DAY:** This Lenten challenge was on Friday 23<sup>rd</sup> Feb and we were encouraged to eat less then donate the 'savings' the work of CAFOD. You can still donate either by using one of their special envelopes or online at [cafod.org.uk](http://cafod.org.uk)

**PILATES CLASSES:** A session to strengthen your mind and body. Starting soon on Thursday's, at 8.30 am for 45 mins, in the Hall. A discounted fee of £8 per session. Email [bodylovespilates@gmail.com](mailto:bodylovespilates@gmail.com) for [details](#).

### *Events taking place in or with the Diocese*

**SOUTHWARK CATHOLIC YOUTH SERVICE** is pleased to announce that it is holding several Youth Days for 10 - 14-year-olds across the Diocese during 2024. The next gathering is Saturday 9<sup>th</sup> March, to be held at Richard Challoner School, New Malden (SW London). Each event will start at 11 am and finish about 6 pm - lunch and dinner will be included; there is a charge of £5 per child or £8 per family payable on the day. During the day there will be a range of opportunities, from learning more about the Catholic faith through catechesis and Adoration, to fun with friends through crafts and sport. All are welcome.

**CARITAS SOUTHWARK:** 1-Year Anniversary Mass, Saturday 16 March, 12.30pm, St George's Cathedral. All are warmly invited to join Caritas Archdiocese of Southwark in this Mass of celebration and a gathering afterwards in Amigo Hall. Archbishop John Wilson will be the principal celebrant at the Mass.

**GRIEF IN LOSS & HOPE IN CHRIST RETREAT:** Friday 22<sup>nd</sup> - Sunday 24<sup>th</sup> March, The Friars Aylesford Led by Fr Ged Walsh O. Carm, Barbara Salamonczyk & Liz Taylor. A retreat tailored for anyone who has experienced a bereavement, whether recently or some time ago. We grieve, remember, hope and give thanks for our loved ones in the light of the Resurrection. Cost: £230 single / £210 shared. To book please email [retreat@thefriars.org.uk](mailto:retreat@thefriars.org.uk) or phone: 01622 717272

**PASSING ON THE FAITH:** How do we start? How do we continue? What works well for children at different stages? Four online sessions for **parents** Wednesdays 8pm – 9:30pm (started Wed 28<sup>th</sup> February). And for **grandparents**, focusing specifically on the conversations which can help to anchor faith, four online sessions starting Thursday 18<sup>th</sup> April, 7:30–9pm. To join or for information email Lisette: [mflse@rcaos.org.uk](mailto:mflse@rcaos.org.uk)

**YOUNG ADULT EVENTS:** St George's Cathedral hosts a monthly Young Adult Mass at 6:00 pm on the first Sunday of every month, followed by a social gathering (for those aged 18+). There are also weekly events and socials on Thursday evenings. Details can be found on the [RCAOS website](#), Facebook, and Instagram @stgeorgesya.

**BEGINNING EXPERIENCE:** provides peer support for Separated, Divorced, and Widowed persons, so as to facilitate the grief resolution process, and enable those wounded by grief to rediscover love for themselves, others, and God. Facilitated by trained peer ministers, grief resolution programmes take place in nine countries on three continents, including here in the south of England. Next meeting is on the weekend 12-14 April 2024. Poster at the back of the church.

**DIOCESAN MASS IN CELEBRATION OF THE SACRAMENT OF MARRIAGE: 13<sup>th</sup> JULY:**

If you are celebrating your 1<sup>st</sup>/10<sup>th</sup>/25<sup>th</sup>/40<sup>th</sup>/50<sup>th</sup>/60<sup>th</sup> + wedding anniversary this year the Archbishop would like to invite you to join him for Mass at St George's Cathedral. To receive an invite, get in touch as soon as possible, no later than May 31<sup>st</sup>, providing the following: your names in the format 'John & Mary Smith', your home address, the anniversary you are celebrating. Email [mflkent@rcaos.org.uk](mailto:mflkent@rcaos.org.uk) - Please note spaces are limited. As the title of your email please use your parish location: Whitstable, Our Lady Immaculate Church.

**FLAME 2025:** Flame is the largest Catholic youth event in the UK, featuring guest speakers, award-winning musicians, praise and worship, Eucharistic Adoration, and much more! The event is open to those from school year 9 to university age. The Archdiocese has purchased a block booking. Group Leaders from schools, parishes, and universities can book at [www.tinyurl.com/flame25](http://www.tinyurl.com/flame25). The early-bird price is £29, which is payable by 1 August 2024.

- To receive regular updates on youth and young adult activities, please sign up to our Youth Network at [www.tinyurl.com/scysnetwork](http://www.tinyurl.com/scysnetwork)
- For details of other youth days, youth retreats, training, & other events, visit [www.tinyurl.com/scysevents](http://www.tinyurl.com/scysevents)
- Please direct any enquiries to [youth@rcaos.org.uk](mailto:youth@rcaos.org.uk).

*Events taking place outside the Diocese*

**HCPT SUMMER PILGRIMAGE HOLIDAY TO LOURDES:** Friday 24<sup>th</sup> -31<sup>st</sup> May. £960 includes flights, transfers in France, full board in Hosanna House. Own travel arrangements £645. Contact Annie Judge for more details 01227700553, mob 07866515797, email [anniejudge@hotmail.com](mailto:anniejudge@hotmail.com)

**DAY WITH MARY 2024:** Pilgrimages to Fatima (7-14 June) and Italy (4-12 September) are available at [www adaywithmary.org](http://www adaywithmary.org) or email [adwmary.uk@gmail.com](mailto:adwmary.uk@gmail.com). Poster on the notice board at the back church.

**PILGRIMAGE TO LOURDES** 23-30 August 2024. Coordinated by the Catholic Association Pilgrimage. For more details [contact@catholicassociation.co.uk](mailto:contact@catholicassociation.co.uk)

*Volunteers welcome for roles in the parish...*

*Canon Philip writes:* I am sure many of you help in many different ways of outreach; may God bless you for all that you do! However, it would be wonderful to see even more parishioners getting involved in various parish ministries and activities. There are so many things that happen to keep the Parish flourishing, and we need volunteers (existing **and new**) to keep everything going. Rather than give a long list here, there is a sheet (in church) listing (most) of the various roles, ministries & tasks of our volunteers.

***"God has given each of you a gift from his great variety of spiritual gifts.***

***Use them well to serve one another" 1 Peter 4:10.***

*Including:*

**CHURCH FLOWERS:** Our flower arrangers look after the church flowers once a week on a rota: our thanks for all they do! If you would like to support the purchase of flowers, there is a labelled wall box for donations at the back of the church. Donations will be used for flowers for special liturgical occasions. Also, if anyone would like to volunteer to help with the flowers please contact the parish office (*guidance will be provided*).

**BIDDING PRAYER Writers:** Volunteers kindly help by writing bidding prayers for weekend Masses. Some new members have joined the rota and so the workload is now spread out further, but we would still be very grateful if more people would join the rota. Please contact the office if you are interested (*guidance given*).

**CHURCH CLEANING:** Volunteers give time, an hour or two, once every five weeks. The grateful thanks of all parishioners go to the 'experienced' cleaners as well as new team members.

**SUNDAY TEA & COFFEE:** Volunteers help to 'host', (on a rota basis) the T&C's after 10.30am Mass. If you are interested in helping or want to know more, contact Sarah Hinchliffe after Sunday 10.30 Mass, or by email [sarahhinchliffe1610@gmail.com](mailto:sarahhinchliffe1610@gmail.com), or phone 07788 671213.

Additionally, a different group of volunteers arrange an "*occasional breakfast*" after the 8.30am Mass; they too would welcome any offers of help – contact the Parish Office.



**READING AT MASS:** If you would like to join the teams of readers at our weekend Masses, speak to Canon Philip and also contact the parish office via [whitstable@rcaos.org.uk](mailto:whitstable@rcaos.org.uk)

**EXTRAORDINARY MINISTERS OF HOLY COMMUNION:** They assist by helping to distribute the Sacred Host or the Precious Blood. This will often be during Mass but may also be taking Holy Communion to those in the wider parish community who are housebound due to health, age or disability. Thank you for those already carrying out this ministry. If you know a parishioner who might be able help with this work (or if you might like to offer) please let Canon Philip know. There is some preparation, first in the parish (including safeguarding clearance) and then a commissioning at the Cathedral.

### *Items from past newsletters*

**MESSAGE FROM DEACON DAN:** “Thank you for such a wonderful Sunday Mass and celebration (28<sup>th</sup> Jan). Could mention be made in the newsletter of my appreciation for the lovely Parish card and most generous gift, also for the lovely Mass cards. All gratefully appreciated. The celebration in The Social Centre was most enjoyable. A memorable day.” *Dcn Dan Mulcahy.*

**CAFOD Southwark:** The Church relies on people getting involved. Our parish, our community, our world needs you. Could your New Year’s resolution be getting more involved in the life of our church? Which aspects of church brings you life or joy? Could you give a bit of time to help those parts flourish?

CAFOD, the Catholic Agency for Overseas Development, are looking for people to give some time and join them in their mission. Could you help in our parish, inspiring our church to help build a better world or by visiting our local schools? Or raise a voice and campaign for justice or perhaps speak for CAFOD throughout the area? Could you support local volunteers or share your admin or people skills to help CAFOD keep costs low? Training and support are provided. See [cafod.org.uk/Volunteer](http://cafod.org.uk/Volunteer) for more information or get in touch with [southwark@cafod.org.uk](mailto:southwark@cafod.org.uk) Or could you take part in The Big Lent Walk? [cafod.org.uk/walk](http://cafod.org.uk/walk)

**ORDINATIONS, of parishioners or people associated with Whitstable:** Fr Chris Benynon, a priest of the Diocese of Arundel and Brighton (retired), visited the parish as he is an ‘old boy’ of the parish. In the course of a conversation he was asked how many priests had come from the parish, and he thought, including himself, about fifteen. This is an impressive number and Canon Philip would like to draw a list up of all Ordinations with connections to Whitstable. If you can supplement the list below please get in touch:

Bishop Michael Evans,	Fr Hatchard ( <i>Christian name?</i> )	Fr John Slater
Mgr Pat Wall,	Fr Bruce Keller,	Deacon Dan Mulcahy
Fr Chris Benynon,	Fr Anthony Pile	<i>also: Fr Richard Calcutt MHM</i>
Fr Tim Forbes-Turner,	Fr Jack Pledger,	<i>whose mother lived in the parish.</i>
Fr Barry Grant,	Fr Maurice Pledger,	<i>possibly also: Fr Tony Hughes?</i>

### *Long Term Parish Items – for information*

**PARISHIONERS IN HOSPITAL:** It is important to let Canon Philip and the Parish know if you or any parishioner is admitted to Hospital, or due for a stay in hospital. Due to Data Protection rules most hospitals will not pass on information about religious practice... sometimes even to an official chaplain. If you would like a visit from a priest in hospital you need to specifically ask the staff to arrange this for you. In some circumstances it may be appropriate to receive the Sacrament of the Sick before going into hospital. Please get in touch if you would like to receive this Sacrament, often appropriate before significant surgery.

**PARISH GIFT AID:** Early in 2023 Canon Philip spoke about Gift Aid at the end of weekend Masses; it is perhaps difficult to believe, but the UK Government is willing to give charities extra money when tax payers make donations! And this is also **at no extra cost to you**. If you are not part of the scheme you are asked to consider joining. For every £1 an income tax payer donates an extra 25p could be received by the parish via the scheme. All it takes is a signature and for the parish to have a record of donations. Information about donation is NOT sent to HMRC and we do not need any tax reference details. Please contact David Wiles our gift aid coordinator if you would like to enrol or for more details, [whitstablegac@rcaos.org.uk](mailto:whitstablegac@rcaos.org.uk)

**A LEGACY IN YOUR WILL:** If you are kind enough to be considering making a legacy donation through your will to the parish please contact Canon Philip or the Parish Office. The Parish community is very grateful and acknowledges such kind donations which can help develop the Parish, assist with its running and support the practice of our Catholic Faith for future generations. *Thank you*

**RECEIVING HOLY COMMUNION:** The option for Holy Communion to be received under both kinds resumed here in the parish over the summer. When possible, the Precious Blood will be distributed at all weekend Masses. The practice of ‘*intinction*’ is not recommended in our country, and is not an option in the parish. Please note that the Vatican states “*The communicant must not be permitted to intinct the host...*”, also noting that “*...special care should be taken to ensure that the host is consumed by the communicant in the presence of the minister...*”. Please assist the ministers by consuming the Host immediately.

**REQUESTING MASS FOR A PARTICULAR INTENTION:** A laudable Catholic custom is to have a Mass said for a specific intention. All Masses, of course, are offered to the glory of God and for the salvation of the whole world, but often there is also a specific intention; here in the Parish the intentions are usually printed in the newsletter. Anyone may request a Mass to be said for their particular intention and these can be offered for a variety of intentions. We often see Masses offered for the welfare of an individual or family, or for the repose of a soul; It is customary, when requesting a Mass, to make an offering as a way of being especially associated with that Mass. However, it is not necessary to make an offering. The suggested donation is £10; some give less, some give more, some give nothing. Please never feel that you cannot have a Mass said for your intentions due to lack of funds. A Mass costs nothing – except, of course, the life-saving death and resurrection of Jesus. Mass Intention envelopes and forms are available by the entrance of the church.

**BOOK OF REMEMBRANCE:** The Parish has a Book of Remembrance in the church, found in the display case in the St Mary’s Transept. If you would like names of your loved ones displayed in it then please complete our parish form, available at the back of the church, or contact the parish office for a form. These are gathered and the book updated by a parish volunteer from time to time.